

Apurva Bajpayee

Assistant Professor

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☎ 9569575465

📍 2 Azad Nagar Road Vishnu Puri,
Kanpur (U.P.)

📄 PROFILE

I am a dedicated and accomplished professional with a unique blend of academic excellence and practical expertise in the field of Psychology. With a passion of teaching and learning, I am dedicated to nurturing the next generation of psychologists while imparting a comprehensive understanding of clinical practices. My proficiency spans across teaching a wide array of Psychological disciplines, with special emphasis on Counselling and Clinical Psychology, infusing ethical consideration. I aim to inspire and mentor students to become not only knowledgeable scholars but also compassionate humans in the ever-evolving landscape of Psychology.

🧠 SKILLS

Diagnosis

Clinical Case history and use of Psychological assessment to reach a diagnosis

Psychotherapy and Counselling

CBT, Schema Therapy and integrated approach using attachment and trauma informed lens

Psychological Assessments

Cognitive, Objective and Projective Assessments

Research

Planning, designing and conducting research

Software skills

E-Prime and SPSS

🎓 EDUCATION

Post Graduate Diploma in Guidance, counselling and Psychological Interventions

Banaras Hindu University (B.H.U.)
2019 – 2020

Masters of Arts

University of Allahabad
2017 – 2019

M.Phil in Clinical Psychology

National Institute of Mental Health and Neurosciences (NIMHANS), An institute of National Importance
2021 – 2023

🌐 LANGUAGES

English

Hindi

🔑 INTERESTS

- Singing, Reading Novels
- Travelling
- hiking, trekking
- Support group for therapeutic work

📁 PROJECTS

Interventions in college students facing anxiety (IIT-BHU)

2020

Death Anxiety, Spirituality and coping strategies among participants in Kumbh Mela

2019

🏆 AWARDS

District Topper in Secondary School Examination

Central Board of Secondary Education
2011

Qualified UGC-NET in year 2020, 2021, 2022

National Testing Agency (UGC-NET)



PROFESSIONAL EXPERIENCE

**Intern, Allahabad Child Development
Centre (ACDC)**

08/2018 – 11/2018

**1 day online training on Dialectic
Behaviour Therapy by Optimus Centre of
Well-being (PGI- Chandigarh)**

2020

**National Seminar on Women and Gender
Equality in Higher Education of India:
Issues and Challenges**

2020

**20 hour Intensive Training on
Attachment- Informed Psychotherapy
Practice**

2023



DECLARATION

"I declare that the information provided in this resume is accurate to the best of my knowledge and belief."

Apurva Bajpayee
Bengaluru